Canoe Adventures Riverland 0421 167 645 Camping Gear list for Kayak/Canoe Camping

KAYAK GEAR

- Kayak, PFD, Paddle (+ spare paddle)
- at least one tow rope per group

SHELTER/BEDDING

- Tent, hammer
- Sleeping Bag
- Sleeping mat/mattress/air bed
- Stool/folding chair,
- Fire wood

• COOKING/EATING

- Gas Stove (1 gas canister theoretically lasts for one hour on high)
- Cooking Utensils (Plan your menu then look at what will be needed to cook it) inc kettle
- Crockery/Cutlery inc. mug
- Drinking Water + water bottle (the bladders from 10L water casks are convenient for carrying water in canoes or kayaks)
- Food & Snacks
- Beverages
- Matches, oven glove
- Hand Towel, Dish Towel,
- Wash tub, detergent, scourer
- Rubbish bags
- bucket

SAFETY

• First Aid kit inc snake bite compression bandages and band aids for blisters.

- Phone (at least one on Telstra network) + spare battery pack + data access
- Apps on phone: First Aid, GPS, Weather, Fire incident
- Accurate maps
- Insect repellent
- Sunscreen
- Whistles for everyone
- Compass
- Float plan, left on land with responsible adult

HYGIENE

• Trowel/spade & toilet paper

CLOTHES/PERSONAL

- Beach shoes or others that can get wet or muddy
- Pair of Dry Shoes
- Toiletries
- Any required Medication
- Changes of clothes
- Hat (wide-brimmed) & sunglasses
- Sun protective clothing
- Paddling gloves (blister & sun protection)
- In cooler weather layers of quick-drying clothing
- Headlight/Torch
- Clothes to sleep in

PACKING

- Reinforced Garbage Bags & Zip Lock Bags
- Dry Bags, barrels

OTHER USEFUL ITEMs

- Reinforced garbage bags.
- spare key for shuttle car
- camera
- rope/twine
- rake, banister brush
- duct tape!

NOTES

We hire/sell the following items: Head Torches, Dry Bags/Barrels, Gas Stove, Cooking & Eating Utensils, Tents, Spray Skirts, Sleeping Mats, Stools, Spade & toilet paper 10L "Pack Tap" Water bags (flexible and durable) And of course, kayaks/canoes with paddles and PFDs

Bringing fruit or vegetables into the Riverland

Be aware that you <u>can't</u> bring fresh fruit or vegetables into the Riverland. Fresh fruit and vegetables are available at several fruit stalls on the way to Berri, at Berri supermarkets (Coles, Woolworths, Aldi) or Foodland Barmera. (Waikerie, Loxton & Renmark also have supermarkets).

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